

## THREATS ON THE WAY TO SPIRITUAL IMPROVEMENT AND WAYS TO ELIMINATE THEM

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**Abstract:** *This article shows the importance of the state youth policy pursued in our country today, as well as the importance of the original spiritual values formed by our ancestors. For the future of our independent state, we need people with high spirituality and harmonious development. The article analyzes the upbringing of young people and the factors affecting them at a time when threats and dangers to national identity and spiritual values are growing.*

**Keywords:** *Values, morality, spirituality, information crisis, patriotism, democracy.*



**Introduction.** The social, economic and cultural development of any society is directly related to the development of its spiritual and moral foundations. Albert Schweister, a Western philosopher, said, "The first of the forces that shape reality is spirituality and morality. Everything else is more or less secondary." It is impossible not to agree with this statement if we look closely at the history of mankind, especially in today's globalized world. Without denying that globalization is a natural fruit of the development of human civilization and their positive aspects, it is impossible to ignore the aspects that cause a number of conflicts and contradictions in the modern world. When thinking about this, first of all, it is important to preserve the culture and the spiritual and moral values that form its core. Therefore, raising the issue of morality through spiritual values is a requirement of today. As the President of the Republic of Uzbekistan Shavkat Mirziyoyev said, "If the body of society is the economy, its soul and spirit is spirituality. As we decide to build a new Uzbekistan, we will rely on two solid pillars. The first is a strong economy based on market principles. The second is the rich heritage of our ancestors and a strong spirituality based on national values."

Spiritual values are the product of people's spiritual activity, the product of knowledge, attitudes, and skills that emerge as a result of a complex process of cognition. The main purpose of creating spiritual values is to "subdue" materialism to the ideal. A person who does not fully enjoy national and universal spirituality and values, who does not consciously contribute to the overall development of a society that does not know the native language, is spiritually poor. Restoration of spirituality and morality in the essence of the duty and obligation of every citizen, which determines the future of our independent republic; to take measures to preserve the cultural riches and unique historical monuments created by the Uzbek people over the centuries and pass them on to future generations; knowledge and development of ancient and modern folk values, literature and art; to respect the culture and language of other peoples living in the republic; freedom of thought, conscience and freedom of religion; protection of spiritual property as a national value; strengthening the family on the basis of national values; implementation of conditions such as achieving an in-depth study of the content and essence of universal and national values at all levels of the education system.

**Materials and analysis.** In short, humanity has emerged, always striving to embody the image of humanity, its appropriate behavior in behavior, this or that quality, improved. These qualities are reflected in the outward and inward qualities of each person, in their behavior, in their behavior, in their attitude.

It is common to call modern society more postmodern

society. Its main features are: high technology is used in production, information technology has entered not only the field of mass communication, but also all spheres of public life, even production, the field of software has become an integral part of socio-economic and cultural life. , there has been a trend of globalization in world development, mass culture has become a widespread social phenomenon, human consciousness, thinking and behavior, the mentality of society has changed significantly. As a result, some classical values have been deformed, and in some cases they have been replaced by false values.

The flow of various information in society has become so strong that it is called an "information explosion" by experts. Naturally, the consequences of an explosion are not always positive, it can also lead to tremors, landslides and destruction. The information explosion has led to various conflicting, information attacks. The average person does not have time to dig into the essence of the information that is being covered, to divide it into parts, to analyze and evaluate it. Some information lacks the knowledge and level to evaluate it. With the help of selectively structured information attacks, public awareness is controlled through various RR (public relations) companies.

Various non-national ideas and views spread through the Internet, foreign TV channels, mobile communication systems, etc., have a serious impact on the minds of young people. Dozens of new newspapers and magazines, private radio stations and TV studios have been established and are in the process of formation since the first years of independence. The ideological direction of these publications, the issue of spirituality in the published articles is one of the most pressing issues. These issues, which need to be addressed directly by the publishing house and the editor-in-chief, should be on the minds of the nation's leaders - the intelligentsia. As long as we are the children of this nation, none of us has been given the right to entertain its moral values, the experiences of the soul. In a number of private publications, the "creations" that are constantly being published can be interpreted as an attack on the nation's spirituality. Shame, honor, pride, which is a bright expression of the Uzbek mentality (folk proverbs "A young man is ashamed - dead", "Shame is harder than death") Our colleagues, who are earning money, also have a responsibility to independence. In some private newspapers, we come across stories and narratives that lead to violence, prostitution, and sexuality. Here we are talking about the activities of non-governmental publications, and as we express our attitude to sexual stories and articles in most newspapers, the purpose of opening such a newspaper is to make money, to make a profit. But this should not be at the expense of the people's spiritual depravity, narrow-mindedness, because it is a market economy. We were

surprised by the firm conclusion that "supply and demand". It is true that supply and demand play an important role in a market economy.

But how accurate is it to define spirituality by the laws of the market? Let us recall that the great writer Abdullah Qadiri in his novel "Last Days" could not have described the moments of Otabek and Silver in a veiled, mysterious and at the same time attractive way, but in an open, low way in five or six volumes. No, our writer wouldn't do that, to be exact. Because Abdullah Qadiri's inner glory, love for the nation, true human qualities - modesty, honor, pride - would not allow. Such examples can be cited as desired. The light that illuminates such works from the inside is devotion to the Motherland, to the people, to human love. Most private publications today do not have criteria. For them, non-criteria is a criterion, non-ideology is an idea. One wonders whether the authors of immoral and utterly non-national adventures were brought up in an Uzbek environment. It is also painful that low-quality music videos and movies, which are constantly broadcast on music channels, convince people, make them laugh and cry when the time comes. The media, called the Yellow Press, shouts and denounces immorality on the first page, but on the second page it destroys the same spirituality and culture. It's not about watermelon songs, "fake" movies or some media outlets that can't keep their word, it's about the immense damage they do to the people's spirituality, morality and sincere understanding. How can this problem be effectively combated? Of course, the social networks created on the Internet today, along with their positive aspects, are influencing the morale of young people with their negative consequences.

The controversies of famous artists in these fields, their coverage of family and personal lives, have reached a borderless level. Ordinary people do not even think about the negative impact on their spiritual well-being, foreign travel, and the sight of their newborn children, especially the spirituality of ordinary young people. It would be good if they set an example of their other practical work as representatives of spirituality and culture. For example, if they tell about the works of art or movies, plays they read these days, or about supporting needy families or talented but not well-off young people in our society, they will be the successors and promoters of our national values. was possible. Some link these processes to democracy. Democracy does not mean chaos. In fact, the concept of democracy is not unique to the West or the East. Its emergence is associated with the development of the general mind of the conscious person, the emergence of new aspects of cognition. And that's exactly what happened in both places. The simple and unchanging essence of democracy is freedom of conscience! We know very well that behind the word "conscience" there are such subtle qualities as patriotism, nationalism, humanity, faith, loyalty, shame, honor, shame, and Andisha, which are colored by high spirituality. Mutual assistance, community, compassion, and compassion are also fundamental values that make up human nature. Virtual reality is deforming them. Virtual reality, the world of simulators, their diversity on the computer has weakened the traditional views, values, decisions and behaviors of a person connected to this world, weakening his sense of responsibility for the consequences of his behavior. Was the main intersection of our ancestors being the scholars and nobles who amazed the world with their knowledge and potential.

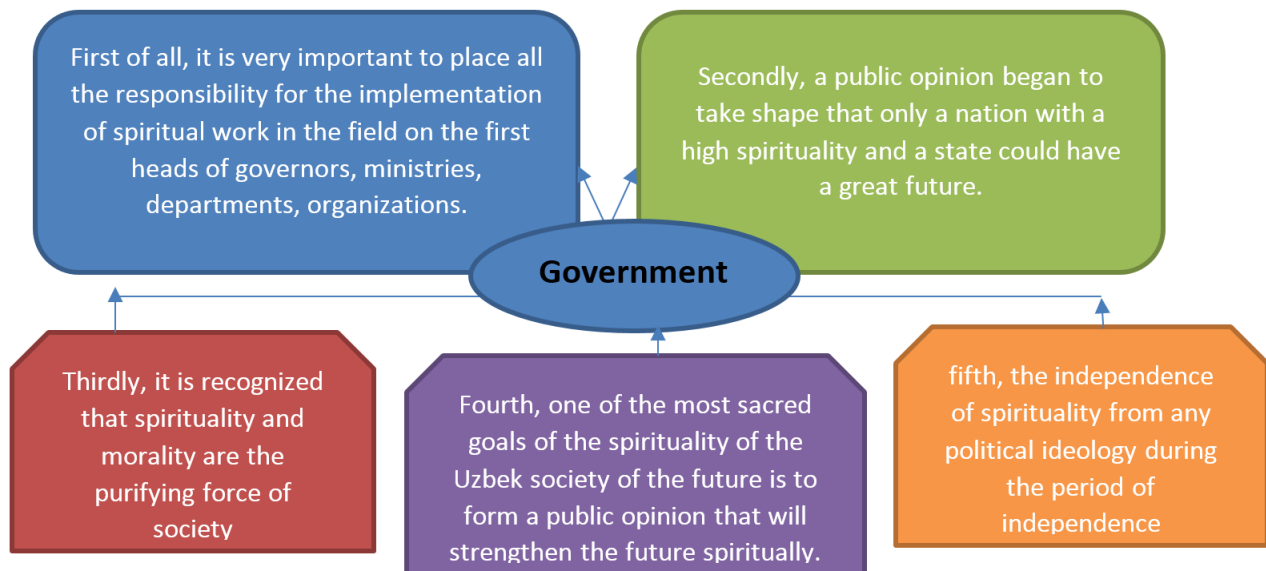


Figure 1. Spiritual and enlightenment reforms.

**Discussion.** To solve the existing problem in the previous picture, to further increase the production and effectiveness, scope and scale of spiritual work, to improve the sense of involvement of the population, first of all, in the work of young people, the youth in the heart. Strong directions have been identified for the radical provision of the above-mentioned spiritual and enlightenment work, which has the sole power of support.

The main force that mobilized the great awakening of the East was in fact al-Khwarizmi, Ibn Sina, Beruni, Farobi, Imam al-Bukhari, az-Zamahshari, at-Termizi, Mirzo Ulugbek, Ali

Kushchi, Navoi, Babur, who came from our ancestors. Today, can our young people be worthy of their grandparents ?! Are they using their potential to the fullest? Of course, the children of the Motherland, who gained independence, see the world today, and in the field of sports and education, they are demonstrating that we have a place and prestige in the world. If our boxers returned from the World Championships in Italy with a gold medal, our mathematicians have at least a silver medal. However, there are some shortcomings in our culture that affect spirituality. What has the West got to do with it? Don't blame yourself for easily shifting all the blame

to the West. Yes, the West is going its own way, right or wrong. But no matter how we explain the emergence of "creative" works, which have recently lowered the level of the people, it is surprising that their roots go back to "Western culture". The mothers are 'rusting'. Television, radio, the press, movies, songs, and music videos of all kinds. In a society where faith, belief, and duty are not weighed on the scales of the mind, and where the first "idea" that comes to mind is easily shared instead of a "product," the human mind is becoming less and less immersed. He is making Gabriel Garcia Marquez's "memoryless" (the novel *A Hundred Years of Loneliness*) the same reality. It's in the West, too.

**Conclusion.** In short, educating the younger generation in the spirit of universal and national values is a modern requirement. After all, the violent and aggressive forces of the world today have changed not their intentions and goals, but their methods of action. Their goal today is the values, history, culture, morals and spirituality of the nation. Under the guise of such Western "democracy", we must consciously prevent any threats to our country in various ways, and build our spiritual immunity, which is strengthened by the great rivers of our nation. Therefore, we must pay attention to the

following aspects: - inculcation of our national values in the minds of children; - Parents should pay attention to young people to set clear goals, to create their own future; - To teach parents to analyze information together with children when using information sources, thereby creating ideological immunity;

- Forming a culture of children's use of the media, mobile phones; - prevention of Internet addiction; - control of leisure time of young people, involvement in useful work, clubs; - Teaching children to read fiction; - Regular monitoring and screening of media broadcasts, broadcasts, data; - Restriction and control over the activities of Internet cafes, etc. President Shavkat Mirziyoyev stressed that the education of young people is a huge responsibility for the whole nation: "If we don't teach, if we don't find a decent job, we will lose this deposit." The issues of independent thinking of young people under the influence of information and the formation of their views, values and ideals require the search for ways to regulate the world of information in their minds, the development and formation of new methods and skills of information management.

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